

2016 Get Movin' Challenge Weekly Step-Log: WEEK 1

1. Name: ______ School: ______

Team Name:_____

2. Get moving and convert all physical activity into steps. Enter your daily totals below.

Day	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.
	4/20	4/21	4/22	4/23	4/24	4/25	4/26
Number of							
Steps							

3. Total Steps: _____ (please add your totals from above)

Please email to cterry@iu17.org or Fax to Carmen Terry at 570-567-1513

Form must be received Wednesday, April 27th by 3pm.

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