

2016 Get Movin' Challenge Weekly Step-Log: WEEK 4

1. Name: ______ School: _____

Team Name:_____

2. Get moving and convert all physical activity into steps. Enter your daily totals below.

Day	Wed.	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.
	5/11	5/12	5/13	5/14	5/15	5/16	5/17
Number of							
Steps							

3. Total Steps: _____ (please add your totals from above)

Please email to cterry@iu17.org or Fax to Carmen Terry at 570-567-1513

Form must be received Wednesday, May 18th by 3pm.

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