

2016 Get Movin' Challenge Weekly Step-Log: WEEK 4

1. Name: ______ School: _____

Team Name:_____

2. Get moving and convert all physical activity into steps. Enter your daily totals below.

| Day | Wed. | Thurs. | Fri. | Sat. | Sun. | Mon. | Tues. |
|-----------|------|--------|------|------|------|------|-------|
| | 5/11 | 5/12 | 5/13 | 5/14 | 5/15 | 5/16 | 5/17 |
| Number of | | | | | | | |
| Steps | | | | | | | |

3. Total Steps: _____ (please add your totals from above)

Please email to cterry@iu17.org or Fax to Carmen Terry at 570-567-1513

Form must be received Wednesday, May 18th by 3pm.

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